

**Community Action Planning Council
Jefferson-Lewis Childcare Project**



Helping
children
reach for
the stars...

19th Annual
Bright Beginnings
Childcare Conference

Saturday April 24, 2010

At CAPC
518 Davidson Street, Watertown

(315) 782-4900 www.capcjc.org

This event is an opportunity for the childcare providers in our community to fulfill state requirements for training, exchange ideas, and offer support. Bright Beginnings is also open to the public and anyone who is interested in learning more about young children and childcare is welcome to attend. Pre-registration and pre-payment are required.

Cost: \$55 Members, \$60 Non-Member, \$30 Student

EIP Scholarship Funding for Childcare Providers

Scholarship funding to participate in this training may be available through the Educational Incentive Program. To determine your eligibility and apply, visit www.ecetp.pdp.albany.edu or call 1-800-295-9616. Still have questions? Call Angie at 782-4900 ext 239.

Exhibitors

There will be information displayed by community agencies throughout the day. This is a great opportunity to learn about some of the many resources that are available in our community.

Choosing Workshops to Attend

Participants will choose which workshops to attend on the day of the conference. When you arrive you will be given a list of all workshops and where they will be located. Participants will be allowed to enter until the workshop reaches capacity. **Be prepared to choose a second workshop if your first choice is full!**

Due to current financial difficulties in our community, we have not sought donations from area business for a silent auction as we have in past years. We do have a few items that have been graciously donated and will be used as door prizes for participants.

Training Requirements

New York State licensed or registered child daycare providers must have training in each of the nine early childhood training categories set forth by the Office of Children and Family Services. JLCP uses letters to indicate which categories are covered in our workshops. The next page lists all categories and the corresponding letter.

Training Categories:

- A. Principles of Child Development
- B. Nutrition and Health Needs of Children
- C. Business Record Maintenance & Management
- D. Child Abuse & Maltreatment Identification & Prevention
- E. Child Daycare Program Development
- F. Statutes and Regulations Pertaining to Child Daycare
- G. Safety and Security Procedures
- H. Statutes & Regulations Pertaining to Child Abuse & Maltreatment
- I. Identification and Education of Shaken Baby Syndrome

Keynote 8:30-10:00**Hey, Hey, Hey! Let's Get Active Every Day!**

Presented by Faith Lustik, Public Health Planner, Jefferson County Public Health Service

Your job can be physically demanding, stressful, fun and rewarding all at the same time. Specific physical activities can improve mental functioning and reduce stress. Improve health and create a healthy atmosphere for the children in your care, your family and YOU. Be ready to get energized for the day and have fun!

Training Topics Covered: B E

Session One 10:15-11:45**Child Care Policy and Procedure: What's New and Why?**

Presented by Lisa Whitney, Senior Education Specialist, Health and Safety Training Program

The world of regulated child care is constantly evolving. Sometimes it's tough to keep up with OCFS policy and procedure updates. During this interactive workshop, we'll discuss changes over the last year, new trends and share tips and tricks of the trade to ensure you're staying current.

Training Topics Covered: C F

Save Energy, Save Dollars

Presented by Gerald Loch, Energy Educator, Cornell Cooperative Extension of Jefferson County

This informative workshop will explore ways to reduce energy bills, low-cost/no-cost energy conservation methods, myths about heating and hot water and questions about your home energy systems.

Training Topics Covered: C

Building Blocks to Self Esteem

Presented by Katie Gaffney, Community Educator, Planned Parenthood of North Country NY

Self-esteem is how you feel about yourself. Children with a high self-esteem are more confident and have a positive attitude. We will talk about the importance of how parents and providers can build children's self-esteem.

Training Topics Covered: A E

Lunch 11:45-12:45

Catered by Savory Café

Session Two 12:45-2:15**Make & Take Preschool Activities**

Presented by Denise Blair, Education/Mental Health Specialist, CAPC Head Start/PK

This hands-on workshop will provide developmentally appropriate activities for a preschool environment. This workshop will be partially devoted to demonstrating some preschool activities and partially devoted to you making some preschool activity materials and props to take with you and begin using in your class! You may find it helpful to bring a notebook and camera to capture these ideas for future use. **Because of very limited seating for this workshop, it will be offered again in Session Three!**

Training Topics Covered: E

Helping Children Learn to Read: Building Early Literacy Skills

Presented by Amanda Root, Parenting Education Coordinator, New York State Parental Information & Resource Center (PIRC), Cornell Cooperative Extension of Jefferson County

This workshop will explain the five main skill areas needed for learning to read. Participants will develop activity lesson plans to use in their programs that integrate these skill areas and begin building the foundation for strong literacy skills.

Training Topics Covered: A E

Getting in Tune:

Creating Nurturing Environments for Infants and Toddlers

*Presented by Susan DeCarlo, Infant/Toddler Coordinator,
Child Care Solutions*

This training emphasizes the importance of responsive care giving, and explores a process for studying child development and temperamental differences in infants and toddlers; learning about children's families and their cultures; developing self-awareness; and mastering the responsive process of watch, ask, and adapt.

Training Topics Covered: A E

Session Three 2:30-4:00

Make & Take Preschool Activities

Also offered in Session Two. See Session Two for details.

Ready, Set, Go!

*Presented by Tom Wojcikowski, 4H Military Club Coordinator,
Cornell Cooperative Extension of Jefferson County*

The RSG! workshop will increase participants understanding of the unique issues and challenges facing military youth who are dealing with deployment and reintegration of a parent. The training will also offer insight into the military culture, the cycles of deployment, and suggest ways to best provide for, understand the needs of, and support our military youth and their families.

Training Topics Covered: E G

Using Music and Movement to Increase Early Literacy Skills

*Presented by Deanna Lothrop, PIRC School Coordinator,
Jefferson-Lewis BOCES*

Come and learn some new and creative strategies that encourage and support early literacy in your preschool through 2nd grade classrooms. We will be using Dr. Jean, Raffi and other early childhood music to learn the most effective strategies in applying research to practice for teaching early literacy skills. Dress comfortably and be ready to have fun!

Training Topics Covered: A E

**BRIGHT BEGINNINGS 2010
Individual Registration Form**

One registration form per person.
Payment MUST accompany registration to be processed.

Registration Deadline: April 14, 2010

Name: _____

Phone: _____ Email: _____

Address _____

Employer: _____ Phone: _____

Conference Fee

JLCP Members - \$55

Non-members - \$60

Student - \$30 (with copy of ID)

Total Payment Included \$ _____

Accepted forms of payment:

check payable to CAPC, cash, EIP award notice, or money order

We will not accept walk-ins or payment the day of the conference.

If you are unable to attend, please call prior to the conference date to receive a training pass for the amount paid. If the conference is cancelled, we will notify you and issue a training pass. Refunds will not be given. JLCP trainings are intended for adults only - children are not permitted to attend. Please bring your registration and payment to CAPC during business hours or mail to

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